

Winter 2012 Spinning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15-7am Erica		6:15-7am Erica		6:15-7am Erica		
	8-8:45am Geri				9:00-9:45am Mary	
12:10-12:50pm Jackie		12:10-12:50pm Jackie				
	4:30-5:15pm Christina	4:30-5:15pm Linda	4:30-5:15pm Christina			
	6:00-6:45pm Shannon		6:00-6:45pm Geri			
6:30-7:15pm Geri		7:00-7:45pm Mary				

***Schedule is subject to change**

Free Fitness Week: February 13-18

Session 1: Jan. 2 – Feb. 11

Session 2: Feb. 20 – March 31

Session 3: April 9 – May 19